ABSTRACT OF THE INVENTION

A breakaway basketball goal system is provided for absorbing shocks during playing conditions. In embodiments of the invention, the basketball goal system includes a base, a neck movably coupled to the base, a backboard attached to a distal end of the neck, and a shock-absorbing mechanism that permits a neck, backboard and rim to move downward to absorb severe shocks, and that may automatically return them to their playing position. The shock-absorbing mechanism can include a housing disposed on a rearward side of a mounting post, a shock absorber, a guide attached to a movable end of the shock absorber, and a cable connecting the guide to the neck. In embodiments of the invention, the backboard extends a horizontal distance from the base to provide a safe playing area.